



The Junior Lady Knights is a select basketball program for 2nd to 8th grade girls.

It is the mission of the Junior Lady Knights to provide an exceptional personal development experience through the game of basketball by teaching the values of hard work, accountability, team play, competitiveness, and sportsmanship.

It is our goal to develop fundamentally skilled and talented players that will become future members of the Alter High School Girls' Basketball Program.

Most importantly, we hope that after players have moved on from our organization that they will realize lifelong benefits from their experience with the Junior Lady Knights.

2nd to 8th Grade Teams will play between 20-35 games, as appropriate for their age group, in a combination of Dayton Metro League, and/or other local leagues, as well as various local tournaments. 2nd to 6th Grade Teams will practice twice per week during the season. 7th and 8th Grade Teams will practice three times per week. Practices will begin the week of October 19th for Junior High teams and November 2nd for 2nd – 6th Grade teams. Games will begin in late November to early December. The season will conclude in early March.

We will also have our Lil' Dribblers Program again this season. Lil' Dribblers is for 1st and 2nd Graders that are not quite ready for our competitive teams. In ten one-hour sessions between October and February, players will get a basic introduction to basketball in a non-competitive, fun environment. The primary concentration will be on establishing a good foundation of the basic skills; ball handling, passing, shooting, and movement. Lil' Dribblers will not need to attend an evaluation session; they will need to register on-line. 2nd Graders not invited to join the 2nd Grade Competitive team will be invited to join the Lil' Dribblers program.

Players can play for both the Junior Lady Knights and their school's CYO basketball team.

Registration and information about fees, coaching staff, evaluation dates and times is available at

www.juniordladyknights.org

Registrations will close October 18th!

For more information or questions contact Rob Carruth, 513-884-6548, rob@juniordladyknights.org